



NEW HOPE

FALL EDITION—NOVEMBER 2006

*The HOPE Group's
Annual Memorial Service
Wednesday, December 13, 2006*



INSIDE THIS ISSUE:

HOPE Helps...2

*Pregnancy Loss:
Why it Hurts...2*

Life After Loss...3

Ask HOPE...4

*A Few Things I
Want You to
Know...7*

*I Carry your Heart
with Me...7*

Messages of Love...8

Announcements...8

*Our Babies
Remembered...10*

The service will be held in the Keating Conference Room, first floor, at Baldwin Park I, 12 Alfred Street, Woburn, Massachusetts. The service will include music, poem readings, and a candle lighting ceremony. All parents, grandparents, and/or friends are invited to attend the service. **Children who are old enough to understand the significance of this event are also invited.** Refreshments will be served.

Directions: From Route 93 (North or South) take exit 37 for Route 128/95 South. From Route 128/95 South take exit 35 for Route 38. Once in the rotary, follow signs for Route 38 North/Wilmington. Take a right at the first traffic light onto Alfred Street. Baldwin Park I will be on your left. The Keating Conference Room is on the first floor.

Allowing Your Child to Touch the World Through a Random Act of Kindness By Mia Moran

Since the loss of my son last July, I am always trying to think of ways to honor Jonathan and keep his memory alive. It is so important to me that he is never forgotten and I want the world to know that he existed. I know that his father, brother and I will never ever forget him but in just a year's time it is quite apparent that others really do forget; maybe not intentionally but painful nonetheless. During the endless hours that I spend online reading stories of other parents who have suffered a loss similar to my own and trying to offer then support while also gaining support for myself, I discovered The M.I.S.S. Foundation and their Kindness Project. It has had such a profound impact on the healing process for us that I wanted to share it with other's that may not know about it.

The Kindness Project is a worldwide movement that began in October of 1997 "as a way for families to honor their deceased child and to help themselves heal. Now years later more then 500,000 Kindness Project Cards have been used around the world to perform random acts of kindness in memory of a child, parent, friends, or spouse who died before their time. The idea is to perform random acts of, usually anonymous, acts of kindness in your community. A little card is left behind so that the person who benefits from the kindness knows that someone's life and death continues to matter. This beautiful movement has helped thousands of families to heal and find positive outlets for their overwhelming grief." I try to touch at least one person's life each week by committing a random act of kindness.

Some ways that my husband and I have spread our kindness has been something as simple as paying for the person's coffee that is in line behind us in the coffee shop, paying the



toll for the car behind us on the highway, and leaving the change in the soda machine for the person behind us. I've even been known to leave bouquets of flowers at another child's grave at the cemetery. If you have a little more to spend, you can pay the check for the table next to you at dinner or call a utility company and pay the bill of someone who is struggling. The lists of possible kind acts is endless and trust me when I tell you that the gratification you get from reaching out and doing something unexpected and unusual for someone else in your child's memory is priceless.



The Kindness Cards are available for purchase at a very reasonable price in various quantities by visiting the M.I.S.S. Foundation website at <http://www.missfoundation.org>

HOPE HELPS by Bailey Magazzu

It was five weeks after I buried my daughter Cristina in 2002 that I walked into my first HOPE Group meeting. I sat in the parking lot crying and shaking before I walked in. I didn't know what to expect, but I did know that this was the first time I would have to speak about that awful time in my life.

I walked in to a room of smiling, happy, laughing women. I was shocked. Was this the right place? This couldn't be the group of mothers who had lost their babies, who shared the same pain as me. As I sat and listened before I was to speak, I met one woman whose daughter died three years earlier to a cord accident, one whose baby died of an infection, and another of twins due to an incompetent cervix. The stories went on and on. There was also a woman who had lost twins months earlier and was pregnant again with twins.

I then had a feeling of peace, realizing that I was not alone in my suffering. Here was a group of women who were sharing their hopes, tears, and fears. We were all bound by this terrible tragedy in our lives. We could openly speak about our guilt, our families, our depression, but most importantly, our healing process. HOPE is, for many, the only "therapeutic" help sought after the death of a baby. After all, who could understand better than another woman who has experienced the same? Those smiling, happy, laughing women were there to share their stories in order to help other women through their pain. They were there to listen when someone cried, to show that life does go on, and to offer words of advice.

I went on to have another daughter the same year and like many, left the HOPE Group very happy knowing that they existed and that they helped me through such a difficult time. I returned occasionally on Cristina's anniversary date and due date to remember her and I saw the same smiling faces, along with new members. My everyday life continued as usual.

Naively, I went on to conceive my fourth child. Sadly, I needed to return to the same group of women when my son, John, died in 2005. The HOPE Group was the first call I made after I found out about his death, not family or friends. I needed the support of the women who helped me cope with so much. I needed people around me who "got it" and wouldn't console me by praising my living children. I still go month after month and discuss things that I just can't with anyone else. Even though I have lost so much and suffered through such unimaginable pain, I have turned into one of those smiling, happy, laughing women. HOPE has taught me that there is a rainbow at the end of the dark cloud, it may take some time to get there, but it does exist. I now hope to help that scared new member walking through the door for the first time, much like those members who continue to help me.

PREGNANCY LOSS: Why it Hurts so Much and What Can Help *By Donna Rothert, PhD*

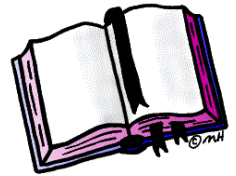
As odd as it sometimes sounds to people, experiencing your grief intensely, fully, and with minimal concern about outside judgments is generally the most effective way to deal with it. Grief that is denied or avoided is likely to continue to resurface, sometimes in very troubling ways. Addressing grief allows you to learn how to bear it and incorporate the experience of your loss into your life. If your baby has died, whether recently or years ago, here are some ways to help yourself through the grieving process.

*If, like many women, you feel that this loss was the loss of your baby, acknowledge yourself as a mother. Even though your baby has died, you are a parent and specifically a parent to this child. It may be helpful for you to accept this in your own thinking and in your interactions with others.

*Pay attention to healthy eating, sleeping and other physical care. Be careful to avoid numbing substances such as alcohol and other drugs. Exercise, as physically appropriate to your current health, can be a useful release during this stressful time.

*Find someone with whom to share your feelings, preferably someone who won't judge them. People may need guidance on how to be helpful. It's okay to tell them that you don't need advice, just someone to listen. Talk about your feelings—good and bad—about the pregnancy and the outcome.

*A number of books and Web sites about pregnancy loss are now available. Some are comprehensive and cover a variety of types of losses, while others focus on particular experiences and needs. Reading others' stories, whether in books or online, may reassure you that you're not alone.



*Consider writing down your thoughts and feelings, whether in a journal, poems, stories, or online blog. Naming your feelings in some form is an important step to being able to bear them.

*Try not to put expectations or time limits on what you should be feeling. The feelings are likely to come in waves and vary in intensity.

*Religious and spiritual practices can provide support and peace to you. Rituals, whether religious or secular can be extremely useful as ways of signaling to yourself and others that the pregnancy and loss had meaning. Focusing on memories of the pregnancy and baby, rather than making yourself "wallow" in grief, is actually an important step in incorporating the loss into your life. Although rituals and the sharing of memories tend to be recommended more often for those experiencing later pregnancy losses, they are just as relevant for early pregnancy losses, including first-trimester miscarriages.

*Whenever possible, postpone or delegate big decisions after pregnancy loss. Of course, planning a subsequent pregnancy can be a difficult decision that may feel particularly urgent. Working to understand your feelings and sharing them with your partner and others is especially important when making the decision about trying again. Talking to others who have made this decision and reading about the experience of other women in similar situations can help you decide when and if you want to try again.

*Support groups can be found through many organizations and hospitals. Some groups are specific to particular types of losses (miscarriages, stillborn and early infant death, medical terminations). Finding and connecting with others who have had similar experiences can decrease the sense of isolation and help a woman to identify and make sense of her feelings. Additionally, psychotherapy can serve as an opportunity for support and a place to find meaning in what is typically a life-changing event.

*If you're experiencing severe insomnia, depression, suicidal thoughts or any other distressing feeling or behavior after pregnancy loss, there are professionals who can be helpful to you. A psychotherapist can help you with assessment of your symptoms, work with you to process your experience and, when needed, make referrals to a doctor who can prescribe medication. Psychiatrists and primary care physicians can also assess symptoms and prescribe medication. Crisis hotlines are available for immediate help and referrals.

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LIFE AFTER LOSS: How the death of a baby changes you forever

By Ann Douglas

Choices

During those intensely painful days after my daughter Laura was stillborn six years ago, I remember feeling that I was at a crossroads in my life -- that two separate paths lay before me: I could either let this tragedy destroy my life and break

my spirit or I could find a way to make something positive come out of my daughter's death.

Fortunately for me, I inherited the stubborn gene from my parents, so giving up on life really wasn't a viable option for me. So, by default, I gravitated toward the second alternative: finding a way to make something good come out of this most searing of losses.

While I would never have wished this on myself -- the death of a baby is too big a price to pay for any personal growth experience -- I have been forever changed by the experience of losing Laura. In many ways, I'm a better person than I was before that fateful day five years ago when a tiny piece of my heart was forever broken. For one thing, I'm more compassionate. I feel an immediate bond with any parent who has experienced the death of a baby as well as anyone else who is grieving the death of someone significant in their life, be it a spouse, a parent or a close friend.

My volunteer work with grieving parents and the articles and books I've written on miscarriage, stillbirth and infant death have allowed me to make a difference in the lives of other parents who've experienced the tragedy of losing a much-wanted baby. That means a lot to me.

In terms of other ways I've been affected by the death of my daughter, I'd say I'm more aware of what it feels like to be really connected to someone-heart-to-heart and soul-to-soul. I have a very special friend whose baby died shortly after mine did. The two of us spent a lot of time together in the weeks that followed, sharing our grief about the babies who would never come home. We don't see each other as often these days -- we're both insanely busy with work and family - - but each time we meet for lunch, it's like we've never been apart. That speaks to the powerful bond that we developed during the most nightmarish time of our lives.

Another perk: I'm less of a control freak. After all, I've learned the hard way that some things are out of your control -- and some things can't be fixed, no matter how desperately you want to put the pieces back together again. As a card-carrying Type A, it's been healthy for me to learn to let go of things -- well, at least a little!



Facing fears

Along the same vein, I've come to terms with my fear of death. Being forced to deal with the death of my child has forced me to confront my own mortality. As a result, I'm more at peace with the knowledge that life doesn't last forever -- and more inclined to make the most of today.

I've also learned how to put things in perspective. A leaky ceiling, a missed deadline, a squabble with my husband, or a minor fender bender no longer qualify as a crisis for me. I now save the "crisis" label for the real life-and-death situations.

Finally, I'm better able to celebrate the wonder in everyday life. Rather than looking forward to that magical day when my mortgage is paid off, I reach my goal weight and I have a book or two on the bestseller list (hey, a girl can dream, can't she?), I'm more inclined to delight in what's happening in the here and now: to savor the joy I feel when my youngest child, Ian, hugs my leg and says, "I really love you, Mom" and to enjoy the way my heart lifts when the telephone rings and there's a special friend on the other end of the line.

There are just a few of the gifts that Laura gave to me during her brief journey through my life. These gifts are her legacy to me.

Books written by Ann Douglas include: "Trying Again" and "The Mother of all Pregnancy Books" <http://www.having-a-baby.com>

ASK HOPE...Questions/Answers our members are curious about

Life after loss: How has the death of your baby changed you forever?

The loss of our daughter, Rebekah Janeen, has changed my life in such a profound way. I immediately and continue to have a real true understanding for what really counts in life. I have gone on to be blessed with 2 more children and already had one at the time, they are 3 boys, and I thank God for them every day. Losing Rebekah was such a tragedy but I found a very special friend in this tragedy. It has been 22 years since then. My special friend, Rindy has the

daughter I longed for and I have the sons she longed for too.

Before I lost Dakota I was the type of person that just sat back and didn't really say what I wanted to say. I let people talk for me. After I lost Dakota I have become a stronger person and have learned that life is really too short and you never know when yours is going to end. She gave me the strength to express myself in a way that I never was able to do. Losing Dakota was the worst thing that has ever happened to me, but she has given me strength to do things that I never had the confidence to do. Dakota's loss opened my eyes to life and now I live every day to the fullest and live the life she was never able to live. She is forever in my heart.

The Death of my baby has changed me. After losing my child John, I have all the more seen how every day of life is a gift and to truly treasure it.

I know first hand how fragile life is. How you can be preparing for the best day ever and instead be plummeted into the worst time of your life. As a positive repercussion I try to pause and really take in when I'm having a good day and shake off the trivial annoyances that happen to us everyday. On the downside, I worry more, especially when the girls aren't with me, knowing everything can change in a split second. And I can't look at a family with three little girls without thinking about what should be.

I lost Luca and Silvia just a little more than a year ago and I'm still confused and overwhelmed by the experience. I think it is too early for me to say how it changed me. I'll be probably more aware of my changes when more time has passed.

I'm completely different! To experience such a loss is unexplainable. I feel like a piece of my life was taken away forever. I never look at pregnant woman the same. I worry everyday to pregnant woman. I have a "cause" in life. I want to help make more people aware. I never knew how many people are actually affected by stillborns.

How has my Loss improved ME in some way?

I honestly don't think it has improved me. I feel more bitterness and sadness. I have lost a lot of my patience with things that I used to be able to deal with.

I like to think that I am more attuned to others when they experience a loss. I make sure I reach out on the anniversary of someone's loss, or on other hard times (Mother's Day, Father's Day, Holidays) letting them know that their children are not forgotten.

How has my loss improved me? It has made me be more compassionate as a family member, friend, and nurse.

I take nothing for granted and value family more than I can ever imagine. I thought I valued family and life before my loss, but losing Gianna made me appreciate so much more.

Are you affected by other people's losses in a different way, now that you have had a loss yourself?

I feel the sadness of those left behind so much more than I did before. It breaks my heart to know that someone is hurting and missing a loved one.

I finally feel like I have a right to try and help. I know first hand how it feels and if I can console or support another person than there is only one positive outcome to my loss.

I definitely feel that I have a good sense now of what others are going through during losses. I try to do the things I most appreciated. These things include staying in touch - especially after the first few weeks when the majority of condolences disappear, just being there to listen without trying to fix things, and when appropriate encouraging people to reach out to others with similar types of loss - those who have walked in your shoes understand about things that even the most well-meaning friends and family don't.



When I hear of someone else's loss, it brings me right back to the early stages of my own loss. I am right back there in the long, hard days, the pain, the hurt, the disbelief. I empathize with what they are going through and understand how hard it is just to get through each day. Before my own loss, I'm sure I was one of the many; make a call, send a card, and just move on. Now, the calls and cards continue, the hugs abound, the caring doesn't stop after a few days, weeks....

I can relate to people more now who have had a loss because I have suffered the greatest traumatic event; the loss of a child. I am no longer afraid to talk about death with my patients if they have just been diagnosed with terminal cancer or if a friend just lost a spouse. Even though my loss was different I still can relate to that terrible pain, fear and emptiness.

My sister lost her first child 9 years ago; she was 12 weeks, although the baby stopped growing at 8 weeks. I remember that I went to the hospital as soon I got the message. I hugged my sister and we cried together. I felt very sad for her loss but I didn't grasp the real meaning of it. I couldn't understand the emptiness, the heartbreak and the pain of the experience. Now, when a mother loses her baby I know what she is going through, I can feel her pain because I had the same feeling.

Name three things that helped you get through your long days in the beginning.

Talking about my babies with my husband, whenever I needed to, day or night; lots of crying; and going to a message board for women who had lost babies and finding support from the ladies there.

Don't think ahead. It's impossible to imagine how you're going to get through the next year, or another pregnancy, or the next holiday, or even at times the next week. Focus only on getting through that one day. An internet infant loss support group was a godsend - especially at 3am when I couldn't sleep. Take support where you find it. It's not always the people you expect that come through for you. For various reasons, the people closest to you don't always know what to do, while people you consider acquaintances seem to do exactly the right thing at the right time. Try to focus on the support you have, rather than those that aren't coming through; easier said than done at times, but ultimately much more satisfying.

Writing letters to Gianna, talking about her, and crying! DO NOT BE ASHAMED!

My husband, my puppy, my friends & family helped in the beginning. A bit later, writing things down, trying not to forget things about the brief time I held my daughter.

The incredible love and support of my husband Kevin helped me so much. My son Joseph; his love, smile and looking at my photos of John and clothing that he wore were also so helpful.

The first and more important thing that helped me was the support of my husband. I wouldn't have made it through if it wasn't for him. We talked a lot about Luca and Silvia, the emptiness they left. I remember going to bed and crying in his arms for hours in the dark; just being held tightly eased my pain. The second was my diary, I wrote every single thought, good or bad. Most of my thoughts were irrational but it helped me to get out my feeling instead of having them stuck in my head forever. Another thing that helped was keeping my mind and hands busy. I asked my mother in law to teach me how to crochet. It kept me busy for a while and I stopped as soon as felt better. I never liked to crochet. I also met with a friend that showed me how to make a Nantucket basket. With my mind busy I wasn't focused only on the loss of my babies. It helped me not to be so obsessive.

When speaking of the child I have lost, what is the most important thing I want to convey to others?

My babies were real. They are my children and will forever be my children.

Gianna was a person. She was my daughter. I loved her and now she is gone. I will never forget her and no other child can replace her. My grief is real and never ending!



That they EXISTED, that I had a 4th child, that in a way my daughter's passing has helped me be a better person.

The most important thing I want to convey about John is that yes he was alive and he was alive in me kicking and hiccupping and moving all around for 40 weeks. He was a life and even though he didn't live outside my womb God had a purpose for him and he was beautiful.

Has my loss improved my relationships or damaged them?

With some relationships it has improved them with the people who truly "Get it" and understand what we went through. Some relationships have been damaged because they never acknowledged the loss of our son at all and we can't go forward with someone if they are going to act as if he never existed.

I thought I had a great marriage before, but after losing Gianna it confirmed I married the right person. My loss brought us closer together, even though we were very close before. I married my best friend and the best shoulder to lean. If a marriage can survive a loss, it can survive anything!!

A FEW THINGS I WANT YOU TO KNOW

By Sarah P. Merrill

In memory of Dakota Boudreau

I never had the chance to see you or hold you in my arms
 But I find comfort knowing you are safe from harm.
 Before I say goodbye to you from down here on earth
 There are a few things I want you to know
 for whatever they are worth.

I met your mom ten years ago ~ simply working as peers
 Yet our friendship grew beyond the job
 and blossomed through the years.
 Our lives they changed so drastically but never did we
 Now she's more than just a friend, she's a sister to me.

Your mommy is so unselfish,
 she is always thinking of others
 She treats all those around her
 as if they're sisters and brothers.

She has a spark, a snap, a flare; a deeply sensitive side.
 These are all the wonderful things she simply cannot hide.

Your daddy is not a tiny man in any shape or form
 In fact, I think the vote is out, he's certainly not the norm.
 His attitude is fierce, he's stubborn and he's rash
 But if he finds a friend's in need, he's there within a flash.

The first time I met him, I knew he was the one
 For the love and happiness he shared
 shone brighter than the sun.
 He is absolutely honest; there's certainly no doubt
 These are only a few traits of which your dad is all about.

Then their lives came together
 and they joined as husband and wife
 They agreed to start a family and share their life.
 You brought them so much happiness;

they truly love you so
 Although your time on earth was short,
 I understand you had to go.

All this I had to tell you. They are all important things
 Because of these two people, you were granted wings.
 Now you are their angel peering down from above,
 Please look after my best friends
 sending guidance, peace, and love!



I CARRY YOUR HEART WITH ME

By E. E. Cummings

Dedicated to Luca and Silvia Pedruzzi

I carry your heart with me
 (I carry it in my heart)
 I am never without it
 (anywhere I go you go, my dear;
 and whatever is done by only me
 is your doing, my darling)
 I fear no fate
 (for you are my fate, my sweet)
 I want no world
 (for beautiful you are my world, my true)
 and it's you are whatever a moon has always meant
 and whatever a sun will always sing is you
 Here is the deepest secret nobody knows
 (here is the root of the root
 and the bud of the bud
 and the sky of the sky
 of a tree called life;
 which grows higher than soul can hope
 or mind can hide)
 and this is the wonder
 that's keeping the stars apart
 I carry your heart
 (I carry it in my heart)

MESSAGES OF LOVE



- ♥ *Mary Alice and Gloria Mary Rogers* - "Your stars shine bright from Heaven. We will love you always." With love and kisses, Aunt Corrine, Uncle Joe, Aislin, and Brogan Rogers
- ♥ *Our Sweet John* - "We love you so much and we know you are with us in all we do." Love, Mom, Dad, Joseph, Sophia, and Anthony
- ♥ *Gianna, our little angel* - "You are so loved and missed everyday. Watch over us and know you are forever in our hearts." Love, Mommy, Daddy, Nicholas and Isabelle
- ♥ *Dakota* - "Two and a half years have gone by, and there is not a day that we don't think of you or mention your name. You are forever loved and forever missed. You will forever have a piece of our hearts and you will forever be in our hearts. We love you and miss you every moment of everyday." Love, Mom, Dad, and Mason

ANNOUNCEMENTS



- Any member not wishing to receive the newsletter mailing and/or remembrance card, please contact Rindy Huebner at 1-781-273-2624 or dhueb1028@aol.com
- Submission deadline for the Memorial Service program is November 10, 2006. Please send submissions to Rindy Huebner or Donna McDonnell.
- Barbara Clarke, a HOPE member, is now working for The Children's Room (<http://www.childrensroom.org/index.html>), a center for bereaved children, teens, and the adults who are a part of their lives. The center serves Greater Boston and Metro West and is located in Arlington, MA. Contact Barbara at bclarke@childrensroom.org or 1-781-641-4741 for further information.
- At this year's at the Memorial Service the HOPE Group is having a book drive. All donated books that members have used to explain death/grief to their children, as well as any books they have used themselves to learn about their journey through grief will be accepted. These books will be donated to The Children's Room, a center for bereaved children, teens, and the adults who are a part of their lives..
- All families affected by stillbirths are entitled to request a Certificate of Birth Resulting in Stillbirth from the Massachusetts Registry of Vital Statistics. Please contact Annie Hobbs at 1-617-740-2624 for the request form and/or further information. The certificate costs \$28.00. The request form will soon be posted on the HOPE Group website.
- Thanks to R.W. Traynham, Printing Company for the printing donation of our newsletters! Contact them at 258 Salem Road, Billerica, MA, or 1-978-667-5650 for all your printing needs.

HOPE'S LITTLE MIRACLES...Our New Arrivals!

- *Samantha Grace Edwards* was born on April 27, 2006 to the proud parents of Marie Elena and Rob Edwards
 - *Charles Arthur* was born on June 21, 2006 to the proud parents of Beth and Mickey Rooney
 - *Nora Therese Young* was born on July 8, 2006 to the proud parents of Anne and Fred Young (members of A Ripple in Time)
 - *Anthony John Purifory* was born on July 31, 2006 to the proud parents of Nadia and Kevin Purifory
 - *Maximillian Aubertine Crews* was born on July 31, 2006 to the proud parents of Allyson and Eric Crews
 - *Gabriel Gorden* was born on September 20, 2006 to the proud parents of Kristen and David Grein
- Congratulations to all for the safe arrival of their newborn son/daughter! We are thrilled!*

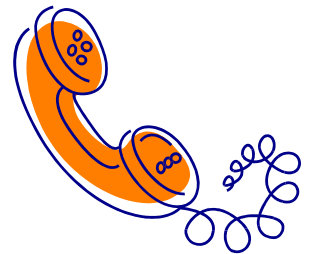
MEMORIAL DONATIONS...Thank you very much!

- Nancy and Stephen Thornley in memory of Jeffrey
- Maureen and Kevin Kelly and family in memory of Kaitlyn Alexandra
- Ellen and John Zakrzewski in memory of Joseph
- Judi and John Casey in memory of Michael on his 20th birthday
- Ann and Brian Power in memory of Susan
- Aunt Corrine, Uncle Joe, Aislin and Brogan Rogers in memory of Mary Alice and Gloria Mary Rogers

PARENT TO PARENT HOTLINE

Please feel free to reach out to another member if you are having a bad day or just need to talk. Many of us have walked in your shoes at one time or another and have felt the same way as you are feeling now.

Burlington	Rindy Huebner 1-781-273-2624 dhueb1028@aol.com
Tewksbury	Loretta Ryan 1-978-640-6860 macnmad@comcast.net
Billerica	Donna McDonnell 1-978-663-5477 mcd92@msn.com
Haverhill	Alyssa Adams 1-978-521-2469
Arlington	Dominic Pazzia, Jr. 1-781-316-1570 domandjacki@rcn.com
Winchester	Michelle Kingdon 1-781-756-0517 kgkingdon@yahoo.com
Winchester	Barbara Clarke 1-781-369-1750 BarbaraEClarke@hotmail.com

*LOCAL AREA SUPPORT GROUPS*

HOPE Group, Baldwin Park I in Woburn, MA., meets 2nd Wednesday of the month, 7:30 p.m. Contact Rindy Huebner at 1-781-273-2624.

A Ripple in Time, St. Theresa's Parish Hall, Room Six, Boston Road, Billerica, MA., meets 1st Monday of the month, 7:00 p.m. Contact Donna McDonnell at 1-978-663-5477.

Medford M.I.S.S. Group, Contact Lynne Barberian at 1-781-488-3546.

Lowell General Hospital, Hospital Chapel, Lowell, MA., meets 3rd Tuesday of each month, 6:30 p.m. Contact Linda Jezak at 1-978-937-6324.

SHARE at Holy Family Hospital, Clemmins Suite, Methuen, MA., meets 1st Wednesday of each month, 6:30 p.m. Contact Sue Uz-davanis at 1-978-687-0151.

LOSS at Beverly Hospital, New Kuders Conference Room, Beverly, MA., meets 4th Tuesday of the month, 7:00 p.m. Call 1-978-922-3000 ext. 2200.

SHARE at Elliot Hospital, Conference Room A, Manchester, N.H., meets 3rd Wednesday of the month, 7:00 p.m. Contact Brenda Smith at 1-603-663-3396.

Good Samaritan Medical Center, Board Room Six, Brockton, MA., meets 3rd Tuesday of the month. Contact Trish McClain at 1-508-427-3897.

HOPE at South Shore Hospital, Weymouth, MA., Pregnancy Loss Group meets 1st Wednesday of the month at 7:00 p.m.; Pregnancy After a Loss Group meets the 2nd Wednesday of the month at 7:00 p.m.; and a six week closed group meets in a time limited format. Call 1-781-340-4177 for more information.

Metrowest Medical Center, Framingham, MA., meets in a time limited format. Call Mindy Shuster at 1-508-383-1000

SIDS at Children's Hospital, Seagan 7 Conference Room, Boston, MA., meets 1st Tuesday of the month, 7:30 p.m. Call 1-800-641-7437.

Salem Hospital/North Shore Medical Center, Prenatal Loss Support Group, Davenport Building, Salem, MA, meets 2nd Tuesday of the month, 7:00 p.m. Contact Mary Hull at 1-978-745-9000 at ext. 8691.

The Compassionate Friends, North Shore, Aldersgate United Methodist Church, 235 Park Street (Route 62), North Reading, MA, meets the 1st Monday of the month at 7:30 p.m. More information found online at <http://www.tcfnorthshore-boston.org>

Connecting Through Loss. Support groups for individuals or couples who have experienced a loss through miscarriage, stillbirth, or after birth. Meetings in Waltham, MA. Contact Peggy Kaufman at 1-781-693-5611.

PREGNANCY LOSS SUPPORT ON THE WEB

- ♥ The HOPE Group - <http://mysite.verizon.net/vzeo7bfz/index.html>
- ♥ A Ripple in Time Support Group, Billerica, MA - <http://mysite.verizon.net/vzeo7bfz/arippleintime>
- ♥ The M.I.S.S. Foundation - <http://www.MISSFoundation.org>
- ♥ The Compassionate Friends - <http://compassionatefriends.org> <http://www.tcfnoshore-boston.org>
- ♥ SHARE Pregnancy and Infant Loss Center, Inc. - <http://www.nationalshareoffice.com>
- ♥ SPALS, Subsequent Pregnancy After a Loss Support - <http://www.spals.com>
- ♥ Resolve, The National Infertility Association - <http://www.resolve.org/main/national/index.jsp?name=home>
- ♥ Resolve of the Bay State - <http://www.resolveofthebaystate.org>

OUR BABIES REMEMBERED

To be added to the following list of Our Babies Remembered and to receive a remembrance card on your baby's birthday, please complete this form and return it to Rindy Huebner, c/o The HOPE Group, Five Liberty Avenue, Burlington, MA, 01803. Previously submitted forms will automatically be included.

Name _____ Phone _____

Address _____

Baby's name and date of birth _____

Date of death if different _____ Stillbirth _____ Miscarriage _____ Infant Death _____

Other children and birthdates _____

How did you learn about the HOPE Group? _____

October

- 10/01/82 Jeffrey Andrew, son of Nancy and Steve Thornley; Stillborn
- 10/03/83 Benjamin and Daniel, twin sons of Joan Goodman and Aaron Boxer; Stillborn and Premature Birth
- 10/03/95 Abbey, daughter of Chris and Diane Yebba; Miscarriage
- 10/05/02 Griffin, son of Derilyn and Tim Byrne
- 10/07/01 Baby Kingdon, baby of Michelle and Ken Kingdon; Miscarriage
- 10/09/87 John Joseph, son of Kathy and Jim Sheridan; Stillborn
- 10/12/84 Jeffrey, son of Valerie and Jim Collins; Stillborn
- 10/12/84 David, son of Buster and Elsie Sieben; Stillborn
- 10/13/87 Eric Paul, son of Linda and Paul Giancola; Premature Birth
- 10/15/95 Sabrina Marie, daughter of Fernando and Marie Franco; Stillborn
- 10/20/87 Camie Marie, daughter of Sandra and Paul Laroche; Stillborn
- 10/21/05 Connor Xzavior, son of Jessica and Bob Amato; Stillborn due to Incompetent Cervix
- 10/23/97 Cassandra Marie, daughter of Antonella and Sal Agliata; Stillborn
- 10/24/98 Baby Kingdon, baby of Michelle and Ken Kingdon; Miscarriage
- 10/25/82 Valerie, daughter of Jack and Linda Ferrante; Stillborn
- 10/26/89 Peter and Paul, sons of Tom and Patti Gerety; Stillborn
- 10/27/89 Abigail, daughter of John and Debbie Goempel; Stillborn



10/28/93 Dominique Rose, daughter of Kathy Diaz
 10/29/96 Christopher, son of Louise and Joe Chiarenza; Stillborn
 10/30/75 Emily Kate, daughter of Pat and Ellsworth Rice; Died 11/03/75
 10/30/99 Tory and Trevor, twin sons of Heather and Tony LaFreniere; Incompetent Cervix

November

11/06/91 James Boyle, son of Marie and James Fischer; Premature Birth
 11/07/96 Molly, daughter of Kim and Tom Dawley; True Knot in Cord
 11/10/79 Mark Edward, son of Rindy and Dennis Huebner; Stillborn
 11/13/92 Baby Girl Savas, daughter of Chuck and Anne Savas; Stillborn
 11/15/83 Elizabeth Alice, daughter of Kay and John Dreher; Died 7/02/84, Post Surgery Infection
 11/15/93 Isabel Marie, daughter of Dyan Sierra; Heart Defect
 11/20/95 Chandler James, son of Eileen and Roddy Perron; Stillborn
 11/21/89 Richard John, son of Richard and Diane Todisco; Stillborn
 11/21/90 Mark, son of Mark and Barbara Hussey; Died 11/29/90 Premature Birth
 11/27/92 Matthew Alan, son of Mark and Betty Whittaker; Potter's Syndrome

December

12/01/91 Kimberly Beth, daughter of Bob and Jackie Moreau; Premature Birth
 12/02/91 Michael Joseph, son of Jane and John Terranova, Stillborn
 12/03/98 Julia Marie, daughter of Donna and Stephen McDonnell; Stillborn
 12/04/92 Baby boy, son of Susan and Tim Lindblad; Stillborn
 12/04/93 Joseph Michael, son of Jeff and Lisa Bullion; Prematurity
 12/06/82 Joseph, son of John and Ellen Zakrzewski; Stillborn
 12/07/85 Nicole Leslie, daughter of Linda and Leslie Wood; Stillborn
 12/07/96 Joseph Edward, son of Ed and Julie LaLumiere; Stillbirth
 12/09/91 Corey, son of Kim and Kenny Gregorio; Stillborn
 12/09/95 Ann Margaret, daughter of Evie and Paul McDermott; Stillborn
 12/09/03 Ashley Morgan, daughter of Tracy and Michael O'Sullivan; Stillborn
 12/11/91 Gina Theresa, daughter of Robin and Phil Giacoppo; Died 12/12/91
 12/11/82 Mara Victoria, daughter of Mallary and Gene Spirko; Stillborn
 12/13/00 Baby Kingdon, baby of Michelle and Ken Kingdon; Miscarriage
 12/15/03 Jack Patton, son of Karen and Steven Cassidy; Stillborn
 12/20/91 Baby Hope, infant of Ceferino and Maria Ruiz; Miscarriage
 12/21/85 Max, son of Susan and Lee Danielson; Died in utero 12/15/85
 12/23/89 Helen Marie, daughter of Rita DiSorbo; Anencephaly
 12/25/89 Melissa Nicole, daughter of Beth and John Mangano; Died 12/26/89, Group B Strep
 12/25/93 Richard Philip and Philip Richard, Twin sons of Rich and Kerri Nugent
 12/26/92 Nathan Daniel, son of Karen Morrison and Charles Abbott; Stillborn
 12/26/02 Baby M.J., baby of Kelly and Eric Mansfield; Miscarriage
 12/28/81 Katelyn Maura, daughter of Carey Sullivan, Premature Birth, Incompetent Cervix
 12/28/94 Victoria Brian Piazza, daughter of Barrie and Tommy Piazza; Stillborn
 12/30/91 Wayne Alan, son of Karen and Ron Soly; Stillborn
 12/30/01 Alec Daniel, son of Stacy Roberts; Infant Death
 12/31/90 Sam, son of Donna and Stephen Harrington; Infant Death



January

01/04 Babies Schultz, children of Hilary and Steve Schultz; Miscarriages 01/04 and 05/04

01/01/00 Maia Edwina; daughter of Susan and Leo Helmer; Stillborn

01/04/95 Rachel Nicole and Danielle Julia, twin daughters of Susan and Ed Valenti; Premature Birth, twin to twin transfusion

01/05/88 Eric Michael, son of Mark and Barbara Hussey; Potters Syndrome

01/07/93 Benjamin Layn, son of Ann and Bill Saulnier; Premature Birth

01/07/03 Liam Joseph, son of Margaret and Gerry Dempsey; Infant Death 03/13/03

01/08/93 Margaret Irene, daughter of John and Cristina Kerekes; Stillborn

01/09/96 Mark Devoe, son of Marie Geraci; Infant Death

01/10/80 Meridyth, daughter of Anne Marie and George Crook; Infant Death

01/10/02 Cristina Magazzu, daughter of Bailey and J.P. Magazzu; Due Date 5/30/02, Premature Birth

01/10/04 John Kevin, son of Nadia and Kevin Purifory; Stillbirth

01/16/94 Baby Silva, daughter of Christine and Tony Silva; Miscarriage

01/17/97 George Jr., son of Diane Regas

01/18/04 Nathan Glenn and Benjamin Mark, twin sons of Glenn and Kim Vogler; Premature Birth

01/18/96 Matthew John, son of David and Victoria Gauvin; Vasia Previa, C-Section performed too late

01/24/96 Grace Elizabeth, daughter of Denise and Frank Muggia; Stillborn

01/24/81 Thomas Redmond, son of Kathleen and John Guarini; Infant Death 02/81

01/25/92 Stephen Daniel, son of Laura and Jeff Parany

01/28/95 Timothy Michael, son of Renee and Tim McGuire; Premature Birth

01/29/96 Christopher James, son of Patty and Jim Griffin; Heart Disease

February

02/01/85 Andrea, daughter of Regina and Al Giglio; Died 08/23/85, Heart Defect

02/03/92 Gregory Joseph, son of Eileen and Mark Catizone; Fetal/Maternal Bleed

02/04/04 Daniel, son of Kymne Hehman; Trisomy 13, Died 02/19/04

02/13/92 Margaret Rose (Meggie), daughter of Priscilla and Lin Goodwin; Died 01/14/92 of Group B Strep, Neonatal Pneumonia and Sepsis

02/18/93 Daniel Robert, son of Len and Gloria Carlson; Polycystic Kidney Disease (Potter's Syndrome)

02/22/98 Angel, daughter of Joe-Ann and Tommy Palermo; Incompetent Cervix

02/23/94 Lemiel Gonzales-Ortiz, son of Amara Ortiz-Gonzales

02/26/04 Dakota Catherine, daughter of Christine and Ernie Boudreau; Stillborn, E-Coli Infection

02/27/94 Scott Davis Williams, son of Marie and Chris Williams; Stillborn



*The HOPE Group
c/o Rindy Huebner
Five Liberty Avenue
Burlington, MA 01803*