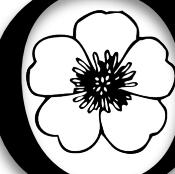


New HOPE



A bi-annual Publication for Pregnancy and Infant Loss Support

<http://rindyshope.org>

Our Emotional, Tear-Stained Journey: Our Message of Hope

By Jeana Caterino, a HOPE member, in loving memory of A.J.

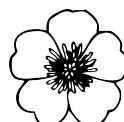
What an emotional, tear-stained journey it has been...for sure. It has been over two years since our son; Anthony John (A.J.) was born still on March 18th, 2008. The doctors determined it a "cord accident", he died wrapped up inside me, nestled in the warmth and comfort of my belly, and I was none the wiser. I will never forget the shock and utter horror my husband, Anthony, and I felt when a routine doctors visit at 35.6 weeks resulted in the silent echo of stillness from the heartbeat monitor...he was gone. How could this be happening to our beautiful little boy?

The following weeks and months were a blur; I can't say I remember much of anything. We were numbed by the pain and loss of our first born. Our little boy, A.J. was gone before he even had a chance to experience life outside my nurturing womb. The hopes and dreams we had for him were a distant memory of the past. A huge part of us had died with him the instant we heard the news, we would never be the same again. We had nothing to smile about, we went through the motions of happy occasions feeling empty, and we found ourselves lost at the thought of daily life and work. We felt detached from the outside world, and all feeling and passion for life we once knew were gone.

I desperately searched for the silver lining to the desolate, looming gray cloud that lurked overhead, constantly reminding us of the fate of A.J.'s promising and beautiful life ending so soon. I remember thinking, "how could I possibly move on, how can I possibly recover?", while family and friends tried to encourage us, "have more babies", "you're young", "there was a reason for this". I wanted to scream, how could you say the death of my son hadn't been in vain? But I didn't scream, instead I cried myself to sleep most of the time. I knew that my loving family and friends couldn't fathom the emotions I was feeling, and their words weren't in malice. They were attempting to comfort us during this excruciatingly painful time of grief in the only way they knew, but they didn't understand the way their seemingly encouraging words burned us to the core.

Eventually I was able to move forward with the strength and love of my husband. Roughly 3 months after A.J.'s death, Anthony and I came to expect another addition to our family. On March 12th, 2009, A.J. sent his little sister, Angelina Jeanae, to join our family. Just 6 days prior to A.J.'s first birthday, we knew in our hearts that this was his doing. He knew Mommy didn't want to be pregnant on his birthday, and he aligned the heavens and stars so that I wasn't. After a second c-section, we were home on March 16th, plenty of time to give A.J. a proper first birthday 2 days later. We released balloons beside the garden we planted for him the prior spring, and the balloons were inscribed with loving words from Mommy, Daddy, his great-grandmother, grandparents, aunts, uncles, and cousins. We dreamed that he danced that day with the other angel babies that we've come to know in spirit through the grace of the HOPE Group, as well as his family that he joined in heaven.

In the two years since A.J.'s death we've come to recognize signs from our son in many forms. He has said "hello" in license plates on the highway, when we've been consumed by the thought of a busy day and our eminent destination. We've been visited by beautiful butterflies that stay awhile in his garden. Once, on a particularly sad day for Anthony, a hummingbird rested on his chest, for what seemed like hours, just over his heart where he has a beautiful memorial tattoo with A.J.'s handprints. The most delightful demonstration of A.J.'s presence occurred on the morning of his little sister's birth while driving to the hospital; our odometer read "031808". We smiled and knew A.J. was telling us, "Mommy! Daddy! I'm here! And everything will be ok!"...and it was.



Our message to grieving parents is simple...your baby will always be a part of your family and will ALWAYS be with you. With the faith and love of our family, and the extended family of our friends at HOPE, we know our son's memory will live forever. Today, I smile when I say his name, and two years ago I could never imagine this could be possible. Today, his name is like a beautiful song and I become elated with comfort, love and joy when someone whispers "A.J." Somehow, some way, in the culmination of your grief, the smile and joy will return in your baby's memory. This is my message of "hope"...

Jeana was inspired to write the above HOPE personal story after reading the following article.

I Understand

by Jennifer Tyner, Buffalo, NY, USA



I've shared my story before how I lost my daughter Jolie, May 22, 2005. This time, I just wanted to share something with the parents that are finding it hard to believe, breathe, or just be. Every time I see 5-2-2 whether it be the time, on a license plate, in a phone number, or someone's birthday, my heart feels a little tug. I know that every time I think of my daughter she is up above winking at me. I have no doubt that she is saying, "hey mommy- i'm here just sending you a hello!" I also feel that way when in a relatively clean house or on a unbreezy day and something will just float towards me, is it a dust particle, or is it my first-born daughter? I pick the latter! That being said I'll let you in on a little secret. It's OK if you don't let go. Repeating, it's ok if you don't let go. I've since had another daughter and I wonder, is this what Jolie would have been like? I take pictures of my babies and wonder would Jolie have been a split image of Jeana, Jayden, me or Daddy?

It's been 4 years and I'm not ready to forget that there was a life inside of me, growing, kicking, and then one day- nothing. Me remembering my daughter is my way of honoring her. People tell me Jennifer you have so much to be grateful for why hold on to the past? And I say, because my past is my CHILD, and although I am sooooo grateful for my babies- I will NEVER forget the one who didn't make it. I still get teary eyed, angry, remorseful, but I am finding it easier to breathe, live a full life and at the same time honor Jolie's memory, and that's ok. And to those parents, grandparents, loved ones that haven't made it to that point yet- to you I sat that's ok, and I understand.



Mother's Day...Am I a Mother?

By Clara Hinton, February 2002, silentgrief.com

Holidays following child loss can become dreaded events. Stores and shopping malls are filled with darling stuffed teddy bears, flowers, candies, balloons, and colorful decorations to serve as reminders of the coming holiday event. But, when a child has died, one's perspective changes dramatically. One of the worst holidays to face following child loss is Mother's Day.

A woman struggles with a very basic question when early loss occurs such as miscarriage, ectopic pregnancy, or stillbirth. Women who have given their child up for adoption struggle with this same question. Am I a mother? When there is no child to hold, no child visible to others, this question is one that pains the innermost depths of the heart. Mother's Day is especially difficult because there are such things as new baby dedications done in churches, mother-daughter banquets planned, and flowers designed just for mothers. A woman who does not have her physical child with her often agonizes over what to do and what to say to others.

Even if your baby lived one day inside of you, you are still a mother! Your body was "with child"; therefore, in a very real sense you are a genuine mother. That is special, and worthy of recognition. It is extremely important to give validity to the fact that you wear the cherished name "mother". Am I a mother? Yes! Sadly, many of our churches do not recognize mothers of miscarriage and other early child loss. I don't believe this is an intentional oversight. I believe it stems from a lack of understanding and a general feeling of not knowing what to say or do in an uncomfortable situation.

Card companies also are lacking in the careful wording of cards for mothers who have experienced miscarriage and early child loss. Often, even those closest to you will overlook you in the celebration of Mother's Day. In fact, there may be some who would think you are not accepting the loss if you want to celebrate Mother's Day in some way.

What are you to do? Follow your heart. If you feel it is important for you to be recognized as a mother, then let others know of your wishes. Tell your pastor that you would like mention made of your baby, too, on dedication Sunday. Perhaps this would be a wonderful time for you to name your baby, if you have not done so already. Giving a baby a name is very healing. Tell others that you would enjoy flowers, or that you would love a donation made to your favorite charity in honor of your baby for Mother's Day. Wear a flower on Mother's Day, or choose something that has special significance to you such as a bracelet to wear in honor of your baby. This will give you a connection to your baby, and allow you to feel like you are a mother.

Yes. You are a mother, and that means that Mother's Day is for you, too. Hold that day close to your heart by honoring your child's birth and death. Grieve the loss, but remember your baby. And, by all means, allow yourself the privilege of being called mother. When you validate the fact that you indeed are a mother, you are moving one more step forward in your journey of grief towards healing.



Love Can Make Anything Possible

by Melissa A. Delong Pierce

"I wrote this poem for Jeana when she was pregnant with A.J., before she knew whether she was having a boy or girl. I was so excited to be an Auntie, as Jeana is one of my dearest and best friends. I was excited and extremely honored to be such a big part of Jeana and Tony's baby's life, and I couldn't wait to meet their new bundle of joy. Once they found out they were having a boy, the excitement grew as the preparations began to welcome their new son into the world. All of Jeana and Tony's friends and family were elated as Jeana's due date grew closer and closer.

For baby...

I hope for you a life of dreams
Of magic and wonder of happiness that beams.

I wish for you a world of delight
From the sun shining bright to the stars out at night.

I dream for you a life filled with love
From family and friends and our angels above.

I pray for you to be safe and secure
Out of harms way far from the obscure.

For each of these, baby I can promise you this
A life of pure love of comfort and bliss.

For you are our angel a blessing, you see
A miracle from God adored, you will be.



I have always believed in angels—that there are forces beyond our recognition that help us to deal with things that life can bring. I believe that angels help us feel safe, happy, and hopeful in times where all three seem gone forever. When I found out that A.J. had passed away, the sadness was completely overwhelming, and the shock was unbearable. Trying to make sense of something so devastating seemed almost impossible. My heart ached for Jeana and Tony, and I couldn't imagine anything I could say or do that could make their pain and sadness go away. But then I remembered the angels; that A.J. is now a gorgeous, weightless angel; that he is free and happy and beautiful, watching over everyone who loved him, keeping us all safe, especially his grieving parents. If A.J. can't be here with us, we can all take comfort that he is in heaven, smiling down, knowing he is forever loved and never forgotten.

Jeana and Tony welcomed their daughter, Angelina, to the world last March. Her birth was only a few days before A.J.'s; just another sign that A.J. was watching over his Mommy and Daddy, sending them a beautiful angel on earth. I am so proud to be an Auntie to A.J., our angel and heaven, and to Angelina, our angel on earth. Both A.J. and Angelina have taught us all so much on how life can be short, life can be hard, but life can be beautiful. Most of all, they've taught Jeana and Tony that love can make anything possible."



Garden of Stone

Written by Mia Moran

In memory of Jonathan Moran 7-19-05

I wiped away the snow
and laid down a single rose.
Thinking of what might have been,
and pain only the bereaved knows.

Another tear falls in a garden of stone.....

He could have been president,
a ballplayer or won a Nobel prize.
But it'll never come to be,
and we'll never look into his eyes.

They said it was routine,
Don't worry, we do it every day.
But something went oh so wrong,
now they don't know what to say.

Another tear falls in a garden of stone.....

We watched the doctors and nurses,
and they said that he was gone.
A life snuffed out too early,
never to see the dawn.

Another tear falls
in the garden of stone.
Another day passes
and we're all alone.

The world gets older
but he's still newborn.
Our beautiful son,
our hearts are torn.

He'll never ride a two wheeler,
Or take a bus to school.
All we have are our shattered dreams,
we've lost our precious jewel.

Never play in little league
never steal a first kiss,
We think of all those things
he's going to miss.

Never go to college,
never walk down the aisle,
Never know the joys of parenthood.
we miss him all the while.
Another tear falls in the garden of stone.

We Thought of You with Love Today

We thought of you with love today
but that is nothing new

We thought about you yesterday
and days before that too

We think of you in silence
we often speak your name

Now all we have are memories
and your picture in a frame

Your memory is our keepsake
with which we'll never part

God has you in his keeping
we have you in our heart.

Dakota we love you
and miss you everyday

Love Daddy, Mommy, Mason and Madisyn

Gianna, Forever in our Hearts



The hills, the valleys and the bends.
Going up and down each day,
wondering if my heart will mend.

Sure, the pain will lessen
and I'll genuinely smile once more
but the emptiness will stay
and my heart will forever be sore.

I can't help this feeling of feeling emptiness.
I just can't talk about it, I don't want to be pessimist.

So I'll keep writing and talking to you in my mind.
Until we meet one day and then true joy I will find.

I'm not saying it's going to be soon,
even if it's years from now
my joy will be over the moon.

In our hearts forever,
Mommy, Daddy, Nicholas, Isabelle, Luke and Ava



Plant a Seed of HOPE this Spring From <http://nationalshare.org/parents.html>

Spring...the season of warmer days, gentle, nourishing rain showers, budding trees and blooming tulips, crocuses and daffodils. Spring...the season that many people look forward to because it promises the renewal of life after a cold, dreary winter. As the chill of winter gradually comes to an end, you may envision feeling an end to the chill you feel in your heart as well. Many bereaved parents have a difficult time with changing seasons as well as specific seasons. Perhaps a certain season reminds you of your baby because it was the time of year you became pregnant. Maybe you feel a deep sadness during the season your baby died, or the season in which you should have been bringing home a new baby. Even if spring holds no special significance in the too short life of your baby, it can still be difficult. Watching spring emerge and new life springing up around you can be oh so hard when you are missing the new life that you should have. As the days warm and the grass turns green, you may wonder if you will ever feel better. It is hard to imagine, but you will. Start out by taking little steps...go flower shopping for a special garden for your baby. Or even just find a special garden ornament or stepping stone to add to an existing garden. Take short walks around a park or your neighborhood, and take note of the beauty of nature that surrounds you. Do something for someone who has been kind and supportive of you. Even a short outing for ice cream with a friend can brighten a dreary day. Hopefully, as you find small ways to nurture your spirit, you will find a seed of hope for the future beginning to grow in your heart.



Messages of Love

Gianna:

Wow, it's been almost 4 years and I still can't understand why!! I miss you baby girl and wish you were in my arms!! Not a day goes by that I don't think of you. Keep watching over us? Your big brother and sister think of you often. Your little brother and sister know you are watching over us! You are our guardian angel and we love you. Always in our hearts and minds, XOXOXO

Mommy, Daddy, Nicholas, Isabelle, Luke and Ava

Dear Nicholas:

I can't believe it has been three years without you and not a day goes by that I don't think of you.. I also think about how much fun you and your sister Leah would have if you were here. She has been such a blessing and is so precious. She will know that she has a very special angel looking over her. We miss you so much and you will forever be in my heart. I hope you are happy and know how much we miss you. We love you so much!! Mom, Dad, & Leah

Jonathan,

It's hard to believe that it's been 5 yrs since that dreaded day. We've come so far yet a day doesn't go by that we don't speak your name, wish you were here and try to imagine what things would be like if were here. We miss you so much and that emptiness will never go away. Happy 5th Birthday Baby Jon. We love you forever and ever,

Mommy, Daddy & Zackary

Dear Nathan,

Your baby brother Miles arrived safely. Thank you so much for watching over him. Theo is a great big brother. We miss you everyday. You will always remain in our hearts.

Love, Mommy, Daddy, Theo & Miles

Dear John, Hi buddy! How are you doing up there? You must be enjoying the nice weather since it has been nice lately. We wonder if you would be playing baseball now?? We also wonder what team would be your favorite, the Redsox like Mom and Sophia or the Yankees like Dad and me?It wouldn't matter to me because your my special brother and I love you more than you could imagine..Be good and we Love you!!

Love JJ, Sophia, Anthony, Carissa and Gianna

Baby John,

You are the first thought as our day begins and the last on our minds as we lay to sleep. There is not a moment that goes by even when we are doing the most simplest thing like preparing the children's plates for dinner we should be doing 6 instead of 5. Your siblings are very aware that they have a brother who is watching over them. We miss you and love you so much..Our heart will always ache until our family will be complete..Love Mom and Dad

To our little angel up above, Kaitlyn Alexandra...We love and miss you! Mom, Dad, Meg, Alana, & Nolan.

Helping a Father Through Father's Day

Written by Clara Hinton | Jun 08, 2003

Father's Day has become a traditional holiday celebrated by many with gifts, cards, family gatherings, and perhaps even a special dinner out just for daddy. Stores begin advertising for Father's Day weeks in advance of the actual holiday. The scenes in advertisements and cards always depict a loving father with a child snuggled close to that special man called daddy.

Many fathers, however, have experienced the devastation of losing a child, and there seems to be an almost non-existent recognition of the fact that fathers suffer from feelings of lost dreams, loneliness, failure, and loss of identity when a child has died. Very rarely are comments of support made to the father in a family when a child has died. For some reason, our society seems to be more in tune to the feelings of the pain a mother experiences during child loss. Fathers are somehow expected to be stronger emotionally, and they are expected to heal much sooner.

What can be done to show support on Father's Day to a father who has experienced the deep pain of losing a child? Probably the most appreciated gesture of support would be to acknowledge the fact that the father is still a father even though his child is no longer living on this earth. Refer to him as a father, and express your genuine sorrow for his loss. Fathers who have lost a child as early as miscarriage should certainly be included among the group of grieving fathers. Often, fathers of miscarried babies are never given any recognition of being a father.

Finding a Father's Day card specifically for fathers who have lost a child can be next to impossible. If you cannot find a

card with an appropriate verse, choose a blank card and write your own message from the heart. "Sharing in your sorrow this Father's Day" or "Blessings to you this Father's Day as God watches over your heavenly angel" will show a tremendous amount of compassion and support to a father who is grieving the loss of a child on Father's Day.

Recognize the fact that fathers go through emotional upheavals during the grief of child loss. Fathers grieve differently than mothers, so they might not want a lot of special treatment on Father's Day. Men are generally less apt to talk about their feelings of hurt and loss than women, but those feelings are still there and need to be recognized. Father's Day without a child can be just as emotionally heartbreaking for a father as Mother's Day is for a mother without her child. We need to be sensitive to the needs of fathers, too!

Special holidays stir up many different emotions for fathers, and Father's Day is a particularly difficult holiday to go through following the loss of a child. With help and support from family and friends, a father can move forward in his grief. By letting a father know that he has not been forgotten on Father's Day, you will validate his identity as a father, and you will allow him the special privilege of once again being called that most cherished name of all—daddy.

Finally, find some way to validate the fact that a father is still a father even though his child is not living. Fathers are by nature "fixers" and the loss of a child is one loss that cannot be fixed. This fact is often very hard for a man to accept. By giving a card and a personal word on Father's Day, you will help validate to the father that he is still honored among that special group of men called fathers on Father's Day. Validation of fatherhood on Father's Day is one more step forward in this process we call grief.

Suggestions for a Well Deserved Mothers' and Father's Day

By Cathi Lammert, Executive Director of the National Office of SHARE Pregnancy and Infant Loss Support, Inc.
www.nationalshare.org.

Often times Mother's Day and Father's Day are two of the most difficult days for bereaved parents. Some have told me that these days are so painful that they are not able to even acknowledge it for their own mom or dad, and they celebrate with their parents on a different day. Over the years, parents have looked at me with tear-filled eyes and asked me "Am I really a parent if my baby is not here with me?"

I equate parenthood with love; the greatest kind of love. Does love stop when a baby dies? Of course not! You will always be your child/ren's parent. No one can take this role away from you.

You may question whether you have the right to celebrate or be remembered on these days, but a parent's love needs to be acknowledged and celebrated. If you can't imagine joining the rest of the world in the typical activities of celebration, do something different or not at all. But also know, that even without your precious baby in your arms, you are parents and parenthood can be celebrated as you choose. Whatever you choose to do on these days, know that it is okay if it feels right to you.

The following suggestions are some ways to celebrate your parenthood on these difficult days:

* Acknowledge that you are parents.

* Be gentle with yourselves. Do only what you can handle.

*Acknowledge that this day could be difficult and determine how you can comfortably spend the day.

*Alert yourself to the most difficult challenges of the day, such as attention given to moms and dads at church. Some parents have talked to their clergy about the importance of recognizing all parents at these celebrations.

*Family gatherings may make you feel uncomfortable. Discuss this with your family and let them know that you appreciate their love and support, but that you may not be able to attend or manage your composure throughout the entire day. Assure them that these feelings will not be forever.

*Plan ahead. Waiting until the last minute can cause frustration and hurt feelings.

*Share with family and friends how they can help make your day a special one. Sometimes they need specific suggestions, such as sending you a card, flowers, or a donation to Share or another favorite charity in your baby's name.

*Treat yourselves to a special gift, an outing, or flowers. Send each other cards for these special days.

*Remember your baby by lighting a candle, placing a rose on the alter or dinner table, or planting a tree or bush.

It is important to tell others what you need. Do not assume that everyone will be aware of how you are feeling on these days. Being aware in advance that certain situations may be difficult, such as family gatherings or church services, allows you the opportunity to plan accordingly. If you've been asked to do something that makes you uncomfortable, listen to your heart. For some, spending the day in bed with the covers pulled up, or on the couch watching movies, might be the right thing. Be sensitive to your own feelings and needs, and above all, know that you are parents.

Grandparent's Grief

Why does the death of my grandchild hurt so much?

A grandparent's grief can be a complicated journey. Your grief is twofold. Not only are you mourning the loss of your grandchild, you have lost a part of your son or daughter that will never be the same. Many grandparents feel a sense of helplessness because they are unable to prevent the anguish their own child feels. Life may now seem more fragile and unfair than ever. These feelings may be frustrating, but they are completely normal for grandparents and family to feel as they, too, experience the loss of this baby.

I don't know what to do or say. How can I support my son or daughter?

Sometimes there is just nothing to say. Just be quiet, be with them, hold their hand, touch their shoulder, or give them a hug. If you can't find the right words say, "I'm sorry," or "I just don't know what to say." Avoid clichés like "Thank goodness you are young, you can have more children," or "God wouldn't give you more than you can handle." What may seem comforting to you may be very hurtful to them.

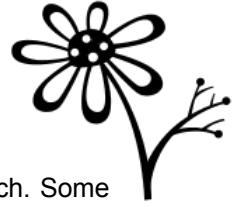
Check up on your son or daughter. Be specific in your offer to help. Perhaps offer to run errands, provide food, or do laundry. After a few weeks, people generally don't stop by as often. Parents need a reminder that they are not alone.

One misconception is that the shorter the baby's life, the easier the grief process. The opposite is true. Chances are your child is grieving not only the loss of his or her baby, but their pregnancy or hopes and dreams for the future. Acknowledge the baby by using his or her name. This shows you value the short life of your grandchild.

Avoid giving advice. There are no rules that define how one should feel or how soon one will return to the norms of daily life. Your child needs to be heard without feeling judgment or receiving unwanted advice. Grief can make people more sensitive and vulnerable.

It is very difficult to watch your own child grieve, and after some time you may wonder why they have not gotten better. The parents of a baby that dies needs more time to grieve, as the average intense grieving period could be up to 24 months. Parents will go through ups and downs during this time, but allowing them time and being patient will help them grieve.

Remember special dates or holidays. Parents, and grandparents, may be saddened by special events or dates like birthdays, due date, delivery date, Mother's or Fathers' Day, because it is a reminder that their baby is not here. Acknowledge how difficult these days may be without the baby, and ask how they are doing. Showing your recognition with hugs, cards, gifts, or special remembrances also helps to create special mementos.



Ask My Mom How She Is

My Mom, she tells a lot of lies
She never did before.
But from now until she dies,
She'll tell a whole lot more.

Ask my Mom how she is
and because she can't explain
She will tell a little lie
because she can't describe the pain.

Ask my Mom how she is.
She'll say "I'm alright."
If that's the truth, then tell me,
why does she cry each night?

Ask my Mom how she is,
She seems to cope so well.
She didn't have a choice you see.
nor the strength to yell.

Ask my Mom how she is,
"I'm fine. I'm well. I'm coping."
Goodness Mom, just tell the truth.
Just say your heart is broken.

She'll love me all her life.
I loved her all of mine.
But if you ask her how she is.
She'll lie and say she's fine.

I am Here in Heaven.
I cannot hug from here.
If she lies to you don't listen.
Hug her and hold her near.

On the day we meet again.
We'll smile and I'll be bold.
I'll say "You're lucky to get in here, Mom.
With all the lies you told!"



Yes, I am a Mother

In Memory Of: Ian Marcus Walter, 9/11/97

Yes, I am a Mother
Though some may not believe
My hopes and dreams were shattered
Suddenly my son died inside of me.

I did not volunteer
For my son to be born still
I don't know why it happened
Some day I wonder if I will.

To me my son was beautiful
Long fingers, Daddy's hair
My square nose, lips and chin
Flat feet, soft skin so fair.

We dreamed he'd be a lacrosse player
Daddy's favorite game
Now we search for miniature sticks
To set by Ian's grave.

I loved my son before I knew him
"A twinkle in his parents eyes"
I planned events for his life in detail
Hopes and dreams, away they fly.

I'll never be able to read Ian a story
Or help him ride a two-wheeled bike
No Sunday strolls or birthday parties
No throwing snowballs or country hikes.

No school trips, no ant farm collections
No friends to listen in on the phone
No college diploma, no wedding bells
No "Happy Mother's Day" card
I feel so all alone.

Yes, I am a Mother
Though some may not believe
I loved my son before I knew him
Please don't take that away from me.

I mourn now even eight months later
I dearly love my son, many tears I shed
Please let me cry whenever I need to
Tears help me heal, accept and mend.

My broken heart will never heal fully
I'll miss my son each and every day
Certain things will remind me of him
I know I'll cry years later, when I'm old and gray.

Yes, I am a Mother
Though some may not believe
I loved my son before I knew him
Please don't take that away from me.

OUR BABIES REMEMBERED - A Loving Memorial in Print

To be added to the following list of Our Babies Remembered and to receive a remembrance card on your baby's birthday, please complete this form and return it to Rindy Huebner, c/o The HOPE Group, Five Liberty Avenue, Burlington, MA, 01803. Previously submitted forms will automatically be included.

Name _____ Phone _____
Address _____
Baby's name and date of birth _____
Date of death if different _____ Stillbirth _____ Miscarriage _____ Infant Death _____
Other children and birthdates _____
How did you learn about the HOPE Group? _____

| | |
|----------|--|
| 03/04/93 | Joseph Michael, son of Pat Urick-Zegas and Jeff Zegas; Potter's Syndrome |
| 03/05/98 | Baby Hylan, baby of Lise Knakergaard and Stephen Hylan; Miscarriage |
| 03/06/88 | Tabatha Karen, daughter of Charlene and Philippe Michaud; Heart Defect Died 4/26/88 |
| 03/06/98 | Caroline Therese, daughter of Ron and Mary Beth Arigo; Prematurity |
| 03/08/93 | Joshua Michael, son of Michael and Barbara RigordaEva; Failed C-Section |
| 03/10/05 | Eve Valentine, daughter of Patricia and Richard Elliott; Stillborn |
| 07/12/07 | Baby Neff, baby of Tanya and Ron Neff; Miscarriage |
| 03/11/93 | Sabina Hueniken, daughter of Henrike and Bill Huntress; Stillborn |
| 03/15/05 | Alexandra and William, twins of Allyson and Eric Crews; Stillborn |
| 03/16/95 | Joseph, son of Patti and John Bohling; Stillborn |
| 03/16/09 | Braedon John, son of Jennifer and Chris Stover; Stillborn, cord accident |
| 03/18/08 | Anthony John "A.J.", son of Jeana and Anthony Caterino; Stillborn |
| 03/20/86 | Jeffrey, son of Roz Past and Mark O'Brien; Stillborn |
| 03/21/71 | Gregg Edward, son of Charlotte Baker |
| 03/22/00 | Rachel, daughter of Lynne and Frank Barberian; Stillborn |
| 03/26/92 | John Michael, son of Mary Jean and Charles Lucas; Infant Death 09/03/92 Neo-Natal Depression |
| 03/27/07 | Nicholas, son of Lisa and Michael Murphy; Infant Death 03/31/07 |
| 03/29/79 | Helen, daughter of Janet and Jim Wander; Encephalic |
| 03/29/00 | Robert Taddeo Tiezzi, son of Laurie and Rob Tiezzi; Stillborn |
| 03/31/05 | John, son of Bailey and John Paul Magazzu; Stillborn |
| 04/06/59 | Patrick, son of Jackie and Don Patterson; Stillborn |
| 04/08/03 | Kaitlyn Alexandra, daughter of Maureen and Kevin Kelly; Stillborn |
| 04/10/87 | Charles Christopher, son of Jerri and Charles Snell, Died 4/14/87 |
| 04/11/01 | John William, son of Michelle and Bill Heafey; Stillborn |
| 04/18/89 | Joseph Matthew, son of Linda and Pat Santerelli; Stillborn |
| 04/22/88 | Davison Elias (Davey), son of Elizabeth Feuer and David Allain; Prematurity |
| 04/23/99 | Baby Barstow, child of Deborah and David Barstow; Miscarriage |
| 04/23/07 | Baby Murphy, child of Poppy Hiser and Tim Folland; Stillborn |
| 04/24/06 | Baby Boudreau, daughter of Christine and Ernie Boudreau; Miscarriage |
| 04/28/00 | Katrina Joanne, daughter of Mark and Martha Tubinis; E-coli infection |
| 04/29/07 | MeeLa and Emeel, twin daughter and son of Jackie and Eric D'Silva |
| 04/30/06 | Mary Alice, twin daughter of Will and Amanda Rogers; Infant death 05/01/06 |
| 04/30/06 | Gloria Mary, twin daughter of Will and Amanda Rogers; Infant death 05/05/06 |
| 05/02/84 | Christine Marie, daughter of Michael and Karen Conrad; Trisomy 18 Died 5/12/84 |
| 05/04/88 | Michael, son of Maureen and Frank Blake; Stillborn |
| 05/06/78 | Brian Jason, son of Art and Pam Bureau; Birth Defects Died 5/7/78 |
| 05/09/93 | Timothy Paul, son of Janice and Tim Coburn; Stillborn |
| 05/12/96 | Henry Russell, son of Dayle Ballentine and Larry Kotlikoff; Cord Accident |
| 05/14/91 | David Louis, son of David and Pat Rizza; Stillborn |
| 05/15/06 | Jacob, son of Sarah and Jason Cluggish; Stillborn |
| 05/16/93 | Samantha Amanda, daughter of Christine and Tony Silva; Stillborn |



05/17/99 Elizabeth Clarke Capeci, daughter of Barbara Clarke and John Capeci; Infant Death due to CMV, died 6/4/99
 05/20/92 Patrick Charles, son of Sheila and Charles Greathead; Placenta Abruptio
 05/20/98 Kymberly Elaine, daughter of Kathy and Brian Fuller; Stillborn
 05/21/91 Matthew Eric, son of Alyssa Adams and Eric Kryzynski; Stillborn
 05/22/97 Meredith, daughter of Craig and Ann Mercier; Stillborn
 05/23/95 Charles Patric Koucky, son of Bill and Fran Koucky; E-coli Infection
 05/23/06 Madeleine Rae, daughter of Jennifer and David Symmes; Stillborn
 05/25/99 Kiersten Bente Hylan, daughter of Lise Knakergaard and Stephen Hylan; Prematurity
 05/30/58 Robert and David, twin sons of Jackie and Don Patterson; Prematurity, Died 6/1/58 and 6/2/58 respectively
 06/08/86 Michael Andrew, son of Judi and John Casey; Prematurity Died 12/30/86
 06/10/93 Victoria Rose, daughter of Claudia and Brad Stearns; Miscarriage
 06/13/01 Katherine, daughter of Sherrie and Michael Morey
 06/13/05 Gordon David, son of Kristen and David Grein; Stillborn
 06/15/89 Emily Anne, daughter of Mary and James Lyman; Stillborn
 06/17/99 Matthew David, son of Risa and Albert Sablone; Infant Death, incompetent cervix
 06/22/98 Princess Herre Taylor, daughter of Carol Herre and David Taylor; Premature Birth
 06/23/99 Baby Bullion, baby of Lisa Bullion and Jeffrey; Miscarriage
 06/24/95 Baby Kryzynski, baby of Shannon and Keith Kryzynski
 06/27/06 Jack Andrew, son of Kristine and Neal McCuish; Infant Death 06/28/06, cord accident
 07/01/05 Gianna Darlene, daughter of Jackie and Dominic Pazzia; Stillborn
 07/02/87 Robin, son of Julie and George McHugh; Stillborn
 07/02/88 Katie, daughter of Frank and Carol Ann Morse and triplet sister of Angela and Christina Morse; Infant Death Prematurity
 07/02/89 Julie Anne, daughter of Jim and Cindy Kane; Diaphragmatic Hernia
 07/04/91 Hannah Niles, daughter of Katrina and Rodney Niles; Stillborn
 07/05/79 Adalyn Grace, daughter of Kasandra Nowalk; Stillborn
 07/06/88 Angela and Christina, daughters of Frank and Carol Ann Morse and triplet sisters of Katie Morse
 07/07/00 Kamimarie Williams, daughter of Judith Irene Belliveau; Infant Death
 07/07/03 Grace Ann, daughter of Sherrie and Michael Morey
 07/08/94 Caroline Rachel, daughter of Claudia and Brad Stearns; Trisomy 18
 07/08/95 Victoria Rose, daughter of Karen and Jim Hovsepian; Stillborn
 07/08/06 Nathan Christopher, son of Kristine and Jeff Buckridge; Died 07/12/06 from a glycogen storage disease
 07/09/83 Alison Doris Marie, daughter of Linda and Paul Giancola; Stillborn
 07/12/90 Erika Marie, daughter of Deborah and Joseph Rando; Stillborn
 07/12/05 Baby T, baby of Ruth and Chris Honor; Miscarriage
 07/16/83 Melissa and Emily, twin daughters of Lisa Rubinstein and Joe Scholl; Stillborn
 07/16/88 Emily Patricia, daughter of Sandra and Paul Larochelle; Stillborn
 07/18/91 Baby Lowder; infant of Sandra and Jim Lowder; Miscarriage
 07/18/89 Grace, daughter of Charlene and Rick Williams; Stillborn
 07/19/05 Jonathan, son of Mia and Louie Moran; Hospital negligence
 07/20/95 Courtney Elizabeth, daughter of Kerry and Mark Ferreira; Premature
 07/21/85 Jeffrey Vincent, son of Diane and Charlie Stefanelli; Died 11/19/85 Complications after Heart Surgery
 07/23/92 Joshua David, son of David and Beth Puleo; Stillborn
 07/25/05 Silvia and Luca, twins of Monica and Ivan Pedruzzi; Premature
 07/27/90 Stephen James, son of Richard and Elizabeth Sawicki; Placenta Separation
 07/28/84 Rebekah Janeen, daughter of David and Janeen Sencabaugh; Stillborn
 08/05/82 Susan, daughter of Ann and Brian Power; Encephalic
 08/08/97 Amanda Marie, daughter of Carla and Stephen Muse; Stillborn
 08/13/02 Marc Vincent, son of Tracey and Marc Marano; Stillborn, true knot in cord
 08/12/09 Conleigh Rose, daughter of Glen and Kristen Sullivan; Died 08/15/09 from delivery complications
 08/25/05 Baby Rooney, baby of Beth and Mickey Rooney; Miscarriage, Due Date 3/25/05
 08/26/94 Samantha Marie, daughter of Dan and Loretta Ryan; Stillborn
 08/27/82 Infant of Carey and Paul Sullivan; Miscarriage
 08/28/82 Sara Beth, daughter of Fran and Frank Downing; Infant Death 9/21/82



08/28/88 Michael Evan and Jeffrey Leeds, twin sons of Dwight and Donna Smith; Hyaline Membrane Disease, died 8/29/88
 08/29/99 Allan Thomas, son of Joe-Ann and Tommy Palermo; Miscarriage
 08/31/94 Andrew Joseph, son of Maria and Scott Capelo-Fine
 09/01/01 Casey and Dean, twin sons of Laurie and Larry Sweeney; Prematurity, cerclage attempt
 09/02/82 Justin, son of Nancy and Gary Saffer; Stillborn
 09/02/96 Emilee Anne, daughter of Debbie and David Seed; Died 9/20/96
 09/06/80 Jonathan, son of Buster and Elsie Sieben; Died 9/7/80
 09/11/04 Mackenzie, daughter of Krista & John Condon; Trisomy 13, died 09/24/04
 09/11/01 Lucia Francesca Bastable, daughter of Gina Carme; Stillborn
 09/15/93 Jonathan Wesley, son of Courtney and Lori Heron; Stillborn
 09/19/84 Lowell, son of Charlie and Delores Salerno; Infant Death
 09/19/94 Shoshana Rae, daughter of Mona and Ron Tye; Stillborn
 09/21/92 Daniel Owen, son of Daniel and Ann Marie Wright; Stillborn
 09/22/98 Angeline Kanokporn Lamothe, daughter of Kanokporn and David Lamothe; Stillborn
 09/24/93 Kevin Michael Jr., son of Brenda Berube and Kevin McDonough; Potter's Syndrome
 09/25/94 Jeffrey Joseph, son of Maryanne and Billy Daniel; Stillborn
 09/27/93 Laura Elizabeth, daughter of Billy and Mary Ann Salvucci; Stillborn
 09/27/93 Stephanie Faith, daughter of Debi Austin and Steve Post; Heart Defects Died 10/5/93
 09/27/01 Olivia and Nicholas, twins of Lisa and Rick Bowman



Parent to Parent Hotline

Please feel free to reach out to another member if you are having a bad day or just need to talk. Many of us have walked in your shoes at one time or another and have felt the same way as you are feeling now.

| | |
|------------|--|
| Burlington | Rindy Huebner 1-781-273-2624; dhueb1028@aol.com |
| Tewksbury | Loretta Ryan 1-978-640-6860; macnmad@comcast.net |
| Billerica | Donna McDonnell 1-978-376-1559 donnamcd@me.com |
| Burlington | Dominic Pazzia, Jr. 1-781-316-1570 domandjacki@rcn.com |
| Winchester | Michelle Kingdon 1-781-756-0517 kgkingdon@yahoo.com |
| Winchester | Barbara Clarke 1-781-369-1750 BarbaraEClarke@hotmail.com |

Memorial Donations - Thank you!

- Mallary, Gene and Justin Spirko in memory of Mara Victoria
- Anne, Chuck and Jason Savas in memory of Alexis and "what could have been."
- The Gutmann Family in memory of Baby Girl Savas' 17th birthday.
- Dyan and Dan Sierra in memory of Isabel
- Carey and Paul Sullivan in memory of Katelyn
- Kris and Jeff Buckridge donated books for Hope in memory of Nathan Christopher
- Susan and Jim Kanak in memory of Mark Edward Huebner
- Maureen and Kevin Kelly in memory of Kaitlyn Alexandra



Welcome HOPE Miracles - Congratulations!!!

- Karen and Charles Abbott welcomed a son, Samuel Harrison, on 10/14/09
- Kristine and Jeff Buckridge welcomed a son, Miles Harrison on 1/25/10
- Marie and Jimmy Fischer welcomed a grandson, Jackson James Gonsalez, on 10/09/09. Parents are Laura (Fischer) and Louie Gonsalez.

Local Area Support Groups

- HOPE Group, www.rindyshope.org, Baldwin Park I in Woburn, MA., meets 2nd Wednesday of the month, 7:30 p.m. Contact Rindy Huebner at 1-781- 273-2624.
- A Ripple in Time, St. Theresa's Parish Hall, Room Six, Boston Road, Billerica, MA., meets 1st Monday of the month, 7:00 p.m. Contact Donna McDonnell at 1-978-376-1559.
- The Children's Room, 1210 Mass Avenue, Arlington, MA., Email info@childrensroom.org or call 1-786-641-0012.
- Medford M.I.S.S. Group, Contact Lynne Barberian at 1-617-877-6970.
- Lowell General Hospital, Hospital Chapel, Lowell, MA., meets 3rd Tuesday of each month, 6:30 p.m. Contact Linda Jezak at 1-978-937-6324.
- SHARE at Holy Family Hospital, Clemmings Suite, Methuen, MA., meets 1st Wednesday of each month, 6:30 p.m. Contact Sue Uzdavanis at 1-978- 687-0151.
- LOSS at Beverly Hospital, New Kuders Conference Room, Beverly, MA., meets 4th Tuesday of the month, 7:00 p.m. Call 1-978-922-3000 ext. 2200.
- SHARE at Elliot Hospital, Conference Room A, Manchester, N.H., meets 3rd Wednesday of the month, 7:00 p.m. Contact Brenda Smith at 1-603- 663-3396.
- Good Samaritan Medical Center, Board Room Six, Brockton, MA., meets 3rd Tuesday of the month. Contact Trish McClain at 1-508-427-3897.
- HOPE at South Shore Hospital, Weymouth, MA., Pregnancy Loss Group meets 1st Wednesday of the month at 7:00 p.m.; Pregnancy After a Loss Group meets the 2nd Wednesday of the month at 7:00 p.m.; and a six week closed group meets in a time limited format. Call 1-781-340-4177 for more information.
- Metrowest Medical Center, Framingham, MA., meets in a time limited format. Call Mindy Shuster at 1-508-383-1000
- SIDS at Children's Hospital, Seagan 7 Conference Room, Boston, MA., meets 1st Tuesday of the month, 7:30 p.m. Call 1-800-641-7437.
- Salem Hospital/North Shore Medical Center, Prenatal Loss Support Group, Davenport Building, Salem, MA, meets 2nd Tuesday of the month, 7:00 p.m. Contact Mary Hull at 1-978-745-9000 at ext. 8691.
- The Compassionate Friends, North Shore, Aldersgate United Methodist Church, 235 Park Street (Route 62), North Reading, MA, meets the 1st Monday of the month at 7:30 p.m. More information found online at <http://www.tcfnoshore-boston.org>
- Newton Wellesley Hospital, Newton MA Childbirth Loss Support Groups for families who have suffered the death of a child before birth, at birth or shortly after birth. These meetings provide information, education, resources and the support necessary to heal from the grief experience. The groups, led by a licensed social worker, offer comfort and reassurance for both individuals and couples. For more information call 617-243-6221. Contact, Susan Zucker,LICSW

The HOPE Group
c/o Rindy Huebner
Five Liberty Avenue
Burlington, MA 01803